

# SYDNEY 2017 - HAKOMI ADVANCED PHASE - APPLICATION FORM

## Commencing May 2017

#### **HOW TO APPLY**

Please email your answers to the following questions to John Perrin < john@hakomi.com.au>. On acceptance to the training, you will be asked to confirm your place with a \$500 holding deposit. You will also be asked to sign an Enrolment Agreement.

### APPLICATIONS CLOSE FRIDAY 7 APRIL.

### **YOUR DETAILS**

Name

Occupation

Postal Address

**Contact Phone** 

E-mail Address

**Emergency Contact Person & Phone Number** 

### YOUR BACKGROUND AND EXPERIENCE

- 1. Please list the Hakomi training you've already completed. Please include details and dates.
- 2. What other clinical training and/or experience do have? Please include details and dates.
- 3. Are you currently working with clients? If not, are you planning to? Please give details.
- 4. How do you want to apply the learning from the Advanced Phase to your work?
- 5. Are you currently in supervision? If so, with whom?

### YOUR CHOICE OF PAYMENT PLAN

Please specify your choice of plan (Standard or Alternative). See final page of Information Sheet for Payment Plan details.



# SYDNEY 2017 - HAKOMI ADVANCED PHASE - INFORMATION

#### TRAINING FORMAT

The *Hakomi Advanced Phase* is one-year training, open to graduates of the two-year *Foundations of Hakomi* training (and graduates of previous three-year '*Comprehensive Trainings*') who wish to deepen their understanding of the work and refine their clinical skills. The training is offered in three modules, of six days each, and requires that students have access to clients (either paid clients or practice clients) while undertaking the training.

After completing the Hakomi training, students may choose to pursue *Hakomi Certification*, a competency-based, individually-assessed level of mastery.

### **COURSE CONTENT**

The training will focus on advanced skills, with a particular emphasis on the Character Maps. Each module will be divided between class time (consisting of lectures, group discussion, experiential exercises and contemplative practice); and small group supervision and video review, with an emphasis on advanced skills.

## **TEACHING TOPICS**

Long supervised practices with video review

Advanced contact and micro-tracking techniques

Character Maps in detail

Recognising and working with therapeutic systems (tied to each Character)

Therapist Self-Care, assessing for burnout symptoms

Student Clinic (an opportunity to video sessions for review)

Revisiting the Sensitivity Cycle

Working with the range of clients, from naive to complex

Long-term therapy issues

Personal visioning for therapist's career (assessment towards certification)

Ethics

Integration and closure



### **TEACHING STAFF**

The training will be under the overall direction of Certified Hakomi Trainer, Manuela Mischke-Reeds. The training team includes Certified Trainers John Perrin and Karen Baikie, Certified Teacher Pernilla Siebenfreund & Teacher-in-Training, Deb Algar.

### **VENUE**

### Sancta Sophia College, Sydney

The Training will be held at Sancta Sophia College in Camperdown in Sydney. Some accommodation is available on-site for students travelling from out of town.

Accommodation inquiries should be addressed directly to <conference@sancta.edu.au>.

NOTE: We've recently been advised that the usual room at Sancta Sophia will not be available in December for Module Three, due to extensive fire safety upgrades that are to be carried out the building. We're currently looking for an alternative venue in the same area, so that students can still stay at Sancta for Module Three.

## **INVESTMENT FOR TRAINING & PAYMENT PLAN DETAILS**

(NB: Training Fees do not attract GST)

### STANDARD PLAN

•	Total	\$ 7,500
	Payable in one installment (due before first module)	

### **ALTERNATIVE PLAN**

•	Total (includes admin fee)	\$ 7,650
	Payable in three installments, (due before each module) of	\$ 2,550

### **DATES**

Module One:Sunday 7 May - Friday 12 May 2017Module Two:Sunday 20 August - Friday 25 August 2017Module Three:Sunday 10 - Friday 15 December 2017

### **INQUIRIES**

Please contact John Perrin <john@hakomi.com.au> if you have any questions.