

H.E.A.R.T.



Hakomi Embodied and Aware Relationships Training:

A mindfulness-centred approach to interpersonal intelligence and seeing from the heart

Application and Registration Form

Personal Details

First Name Last Name

Address

Suburb State Postcode

Mobile Phone Date of Birth

Email

Emergency Contact

Name Mobile

Relationship

Dietary Requirements

Please indicate if you have any specific dietary requirements for morning/afternoon teas. We will do our best to accommodate your needs where possible:

- | | | |
|--|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> No dietary requirements | <input type="checkbox"/> Vegetarian | <input type="checkbox"/> Gluten Free |
| <input type="checkbox"/> Dairy Free | <input type="checkbox"/> Nut Free | <input type="checkbox"/> Other..... |

Application Questions

Please provide a separate brief written response to the following questions and attach to this application form, along with a **photograph** of yourself, embedded into your application questions.

1. Please outline any previous Hakomi experience you have had (workshops, trainings, etc.), including dates and facilitator's names (if not in Sydney), and describe the personal impact this has had on you.
2. Please describe any other experience you have had in related psychotherapeutic and/or somatic modalities, including spiritual, bodywork, movement, meditation or other practices.
3. Please outline your reasons for wanting to join H.E.A.R.T.

Tuition Fees

- ☐ Early Bird Payment **\$8,250** (\$7,500 plus GST)
Deposit of \$550 to secure your place with balance payable by Wed 10th September 2025
- ☐ Standard Payment **\$8,800** (\$8,000 plus GST)
Deposit of \$550 to secure your place with balance payable by Wed 11th February 2026
- ☐ Instalment Payment Plan A **\$8,965** (\$8,150 plus GST)
Deposit of \$550 to secure your place with balance of payment by
3 instalments of \$2,805 each, payable by 10th Feb 2026, 20th July 2026 and 18th Feb 2027.
- ☐ Instalment Payment Plan B **\$9,130** (\$8,300 plus GST)
Deposit of \$550 to secure your place with balance of payment by
12 monthly instalments of \$715 each, payable on 10th of each month from Feb 2026 to Jan 2027.
- ☐ Individualised Instalment Payment Plan **\$9,130** (\$8,400 plus GST)
(as discussed with Karen Baikie)
Specify your plan

Payment Details

Internet Payment *(Please include your name in the reference field)*

Name: Hakomi Sydney

BSB: 082 401

Account: 426 426 834

Payment Date/s:

For Instalment Payment Plans, please set up a direct deposit to be paid by the due date and indicate the date on which this is due to be debited. Payments that need follow up after the due date may incur a \$20 late fee to cover additional administration costs.

Agreement with H.E.A.R.T.

I wish to apply for the Hakomi Embodied and Aware Relationships Training (H.E.A.R.T.) program commencing in February 2026 with Halko Weiss and Karen Baikie.

I understand that I will be advised about my acceptance within one week of receipt of my application.

I understand that I am committing to participation in the entire training, consisting of three in-person modules and two online modules, of twenty-one days in total.

I understand that I am committing to full payment for the entire training, regardless of the payment plan I have selected. I understand that no refund will be given for cancellations once the training begins, unless in exceptional circumstances as negotiated with the Organiser.

Signature Date

Submitting your Application

Please mail or email your application form and application questions to:

Karen Baikie

Hakomi Sydney

Level 1, 134 Willoughby Road

Crows Nest NSW 2065

sydney_training_info@hakomi.com.au

For enquiries, please contact Karen Baikie on (02) 9436 0919

or email sydney_training_info@hakomi.com.au.