



HAKOMI

MINDFUL SOMATIC PSYCHOTHERAPY

AUSTRALIA

Bringing Hakomi's Wisdom into the Heart of Relationships

From the Therapy Room to Everyday Life:
Deepening Connection, Presence, and Intimacy

REGISTRATION

Please copy these questions into an email and send both questions and responses to Tessa Priest at: wellbeingtrainings@gmail.com

Full Name

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Please include *"Heart of Relationships"* as the reference